

Refugee's Mental Health: Global and Local Perspectives

Kim Yuval, M.A.

Course Number: 702.2089

Semester: Summer 2017

Class Time: Sunday 14:00-16:30, Tuesday
15:00-17:30, Thursday, 17:00-19:30

Office Hours: By Appointment

Location: By Appointment

E-Mail: Kimyuval@gmail.com

Class Location: TBA

Course Description:

Contemporary armed conflicts and complex humanitarian crises create substantial mental health burdens that damage health and well-being, and limit development. Taking a multidisciplinary approach, this course examines the field of forced migration, focusing in particular on psychosocial and mental health issues. Throughout the semester we will try to understand forced migration as a global phenomenon while learning to recognize and assess its influence on the mental health of the millions it affects around the world. The interconnections between forced migration and mental health will be explored in this course through reading and discussing academic research, professional guidelines and prominent theoretical debates. Moving from a global perspective to the "here-and-now", in the second half of the course we will explore the specific case of the African asylum seekers in Israel, analyzing their conditions and discussing possible solutions and interventions. The course will also include a tour at the southern part of Tel-Aviv, where many asylum seekers reside.

Course Requirements:

Attendance, preparation and classroom participation (20%)

Students are expected to actively participate in all classes. It is important to complete the reading assignments prior to the weekly sessions. A list of readings can be found in the syllabus.

Students may not miss more than three meetings in order to receive a grade for the course irrespective of the reasons for the absence.

Class presentation (15%)

Starting from meeting 6, in groups of two, students will prepare a 15-minute presentation of one of the readings from the syllabus (or beyond syllabus, in coordination with the lecturer). The presentation will include a brief overview of the main arguments made in the text as well as a critical review, in which the students are expected to connect the text to concepts and ideas discussed in the course.

It is each student's responsibility to email the lecturer about the text (marked in asterisk) she or he wants to present till the 4th session of the course (11.7.17). Students who will not email the lecturer will be assigned randomly.

Response papers (20%)

Students are responsible for writing 2 response papers during the semester. Each response paper should be 300 words long (double-spaced). Response papers should reflect the students' opinions, thoughts, feelings and experiences related to the weekly reading. The response papers should not give a summary of the readings, but rather use the readings to explore and reflect on interesting ideas or debates related to the topic. The deadline for handing the papers (via the Moodle system) is midnight before the class relevant to the text(s) you are responding to.

Take Home Exam: (45%)

Will be available on the Moodle starting 28/7, 08:00. The deadline for handing is 31/7, 12:00.

Papers should be submitted electronically in the Moodle system and also sent to the International School (uhisfinalpapers@gmail.com).

DISABILITY ACCOMODATIONS

Students requiring special assistance due to a disability are asked to contact the instructor on the first day of class so that reasonable accommodation for the disability can be determined and arranged.

Course outline and reading list:

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| <p>Meeting 1 (4.7.17)</p> | <p>Introduction(s): Forced migration in a global age and global perspectives on health.</p> <p>Koser, K. (2007). International migration: A very short introduction. Oxford University Press.</p> <p>Castles, S & Miller, M (2009). The Age of Migration: International Population Movements in the Modern World. Basingstoke England : Palgrave Macmillan.</p> <p>Eggers, D. (2007). What is the what: The autobiography of Valentino Achak Deng. Hamish Hamilton.</p> <p>Film: "Lost boys of Sudan" (2003)</p> |
| <p>Meeting 2 (6.7.17)</p> | <p>Psychosocial and Mental Health Consequences of Forced Migration – Basic notions and perspectives (I)</p> <p>Ager, A. (transcript of a lecture) Responding to the psychosocial needs of refugees.</p> <p>UNHCR. (2016). Global Trends: Forced Displacement in 2015.</p> |
| <p>Meeting 3 (9.7.17)</p> | <p>Psychosocial and Mental Health Consequences of Forced Migration – Basic notions and perspectives (II)</p> <p>Miller, K. E., & Rasmussen, A. (2016). The mental health of civilians displaced by armed conflict: an ecological model of refugee distress. <i>Epidemiology and psychiatric sciences</i>, 1.</p> <p>Farwell, N. and Cole, J.B. (2001-2002). Community as a context of healing: Psychosocial recovery of children affected by war and political violence. <i>International Journal of Mental Health</i>, 30(4): 19-41.</p> <p>Watter, C. (2001). Emerging paradigms in the mental health care of refugees. <i>Social Science and Medicine</i>, 52, 1709-1718.</p> <p>Testimony and discussion – a refugee from Sudan/Eritrea residing in Israel</p> |
| <p>Meeting 4 (11.7.17)</p> | <p>1. Psychosocial and Mental Health Consequences of Forced Migration – Basic notions and perspectives (III)</p> |

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| <p>Deadline for class presentation distribution</p> | <p>Kienzler, H. (2008). Debating war-trauma and post-traumatic stress disorder (PTSD) in an interdisciplinary arena. <i>Social Science & Medicine</i>, 67(2), 218-227.</p> <p>Barlow, D. H., & Durand, V. M. (2009). <i>Abnormal Psychology: An Integrative Approach (7th Edition)</i>. Wadsworth Press: Belmont, CA. (pp 155- 163)</p> <p>Bracken, P (1998). Hidden agendas: Deconstructing Post-Traumatic Stress Disorder. In <i>Rethinking the Trauma of War</i>. Bracken, P. & Petty, C.(Eds.), 37 – 59.</p> <p>Summerfield, D. (1998). <i>The Social Experience of War and Some Issues for the Humanitarian Field</i> In <i>Rethinking the Trauma of War</i>. Bracken, P. & Petty, C.(Eds.), 9 – 37.</p> <p>Summerfield, D. (1999). A critique of seven assumptions behind psychological trauma programmes in war-affected areas. <i>Social Science & Medicine</i>, 48, 1449–1462</p> <p>Kirmayer, Laurence J. "Cultural psychiatry in historical perspective." <i>Textbook of cultural psychiatry</i> (2007): 3-19.</p> <p>Green, B. (2003). <i>Traumatic Stress and Its Consequences</i> In <i>Trauma interventions in War and Peace: Prevention, Practice and Policy</i>. Green, B., Friedman, M, De Jong, J et al. (Eds.) Kluwer Academic Publishers, 17-32.</p> |
| <p>Meeting 5 (13.7.17)</p> | <p>Forced migration, refugees and asylum seekers in the international law: rights, pacts and the nexus between migration and asylum seeking. Guest lecture – Adv. Dr. Tally Kritzman-Amir</p> <p>Kritzman-Amir, T. (2009). “Otherness” as the Underlying Principle in Israel's Asylum Regime. <i>Israel Law Review</i>, 42(03), 603-627.</p> <p>Assembly, U. G. (2015). Convention relating to the status of refugees, 28 July 1951, United Nations, Treaty Series, vol. 189. Retrieved April, 20, 137.</p> <p>Zetter, R. (2007). More labels, fewer refugees: Remaking the refugee label in an era of globalization. <i>Journal of Refugee Studies</i>, 20(2), 172-192.</p> <p>Dauvergne, C. (2008). <i>Making people illegal: What globalization means for migration and law</i>. Cambridge University Press. (pp 8-19)</p> |

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| <p>Meeting 6 16.7. 17 (Sunday)</p> | <p>From global to local: The Israeli context (policy)</p> <p>*Sabar, G. & Tsurkov E, Israel's Policies toward Asylum-Seekers: 2002-2014. http://www.iai.it/sites/default/files/iaiw1520.pdf</p> <p>Paz, Y. (2011). Ordered disorder: African asylum seekers in Israel and discursive challenges to an emerging refugee regime (Paper No. 205). Geneva, Switzerland: UNHCR. Retrieved from http://www.unhcr.org/4d7a26ba9.html</p> <p>Shani, E., Ayal, S., Berman Y., & Rozen S. (2014). <i>No safe haven - israeli asylum policy as applied to Eritrean and Sudanese citizens</i>. Hotline for refugees and migrants. Retrieved from: http://hotline.org.il/wp-content/uploads/No-Safe-Haven.pdf</p> <p>Kuttner, S. & Rozen, S (2015) <i>Immigration Detention in Israel: Yearly Monitoring 2015</i>. Hotline for refugees and migrants. Retrieved from: http://hotline.org.il/en/publication/detentionmonitoring2015/</p> |
| <p>Meeting 7 (18.7.17)</p> | <p>From global to local: Field trip - Tour to South Tel-Aviv</p> <p>Paley, M (2011), <i>Surviving in Limbo</i>, Assaf - Aid organization for refugees and asylum seekers in Israel.</p> <p>*Slonim-Nevo, V., Regev, S., & Millo, Y. (2015). The Psycho-Social Conditions of Asylum-Seekers from Darfur in Israel. <i>Refuge: Canada's Journal on Refugees</i>, 31(2).</p> <p>Lavie-Ajayi, M., & Slonim-Nevo, V. (2016). A qualitative study of resilience among asylum seekers from Darfur in Israel. <i>Qualitative Social Work</i>, 1473325016649256.</p> |
| <p>Meeting 9 (20.7.17)</p> | <p>From global to local: The Israeli context (II) and The urban context; The consequences of torture, rape and acts of violence</p> <p>* Shamai, M., & Amir, Y. (2015). Not the Promised Land African Asylum Seekers and Refugees in Israel. <i>Qualitative Health Research</i>, 1049732315570131</p> <p>* Kaufman, N. & Demoz, D. (2014). Current Situation: Female workers asylum seekers In the Israeli labor world. Kav L'aoved and Hotline for refugees and migrants. Retrieved from: http://www.kavlaoved.org.il/en/wp-</p> |

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| | <p>content/uploads/2015/04/WomenAsylumSeekersReport-ENG.pdf</p> <p>UNHCR (2009). UNHCR policy on refugee protection and solutions in urban areas. Retrieved from: http://www.unhcr.org/4ab356ab6.html</p> <p>Urban Refugee Learning Programme: http://urbangoodpractices.org/learningprogramme/index/</p> <p>Başoğlu, M. (Ed.). (1992). Torture and its consequences: Current treatment approaches. CUP Archive. pp. 83-107</p> <p>Steel, Z., Chey, T., Silove, D., Marnane, C., Bryant, R. A., & Van Ommeren, M. (2009). Association of torture and other potentially traumatic events with mental health outcomes among populations exposed to mass conflict and displacement: a systematic review and meta-analysis. <i>Jama</i>, 302(5), 537-549.</p> <p>McKinney, K. (2007). Culture, Power, and Practice in a Psychosocial Program for Survivors of Torture and Refugee Trauma. <i>Transcultural Psychiatry</i></p> <p>Richters, A. (1998). Sexual violence in wartime. Psycho-sociocultural wounds and healing processes: The example of the former Yugoslavia.. In: P.J. Bracken & C. Petty (eds). <i>Rethinking the Trauma of War</i>. London: Free Association Books, 112-127.</p> <p>Movie: "Sound of torture", Shaio, K. (2014).</p> |
| <p>Meeting 9 (23.7.17)</p> | <p>"Do No Harm", Evaluation of Mental Health and Psychosocial Programs and aid organizations and workers (I)</p> <p>* Harrel-Bond, B. (2002) Can Humanitarian Work with Refugees Be Humane? <i>Human Rights Quarterly</i>, Vol. 24, No. 1 pp. 51-85</p> <p>* Curling, P and Simmons K (2010) Stress and staff support strategies for international aid work. <i>Intervention</i>, 8 (2), 93 – 105.</p> <p>Gilbert, J (2009) Power and ethics in psychosocial counseling. <i>Intervention</i> 7 (1), 50 – 60.</p> <p>Samady, L (2009) Feedback from local staff: Experiences that changed my life: the story of an Afghan woman working with a psychosocial project. <i>Intervention</i>, 7 (2), 152 - 155</p> <p>Anderson, M. (1999). Do no harm: How aid can support peace—or war.</p> |

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| | <p>Boulder: Lynne Rienner. (pp. 23-76).</p> <p>Collogon, L., Tuma, F., Dolan-Sewell, R., Borja, S., & Fleischman, A. (2004). Ethical issues pertaining to research in the aftermath of disaster. <i>Journal of Traumatic Stress</i>, 17(5), 363-372.</p> |
| <p>Meeting 10 (25.7.17)</p> | <p>Mental health and Psychosocial interventions (I)</p> <p>IASC (2007) IASC Mental Health and Psychosocial Support Guidelines. Chapter 1 and Action Sheets 6.1, 6.2, 6.3, 6.4.</p> <p>* Kazdin, A. E., & Blase, S. L. (2011). Rebooting psychotherapy research and practice to reduce the burden of mental illness. <i>Perspectives on Psychological Science</i>, 6(1), 21-37</p> <p>Hamdani, N (2003). Psycho-education through radio. <i>Intervention</i>, 1 (2), 47 – 49.</p> <p>Galappatti, A. (2003) What is a psychosocial intervention? Mapping the field in Sri Lanka. <i>Intervention</i>, Vol. 1, No. 2.</p> <p>Lindert, J., Carta, M. G., Schäfer, I., & Mollica, R. F. (2016). Refugees mental health—A public mental health challenge. <i>European Journal of Public Health</i>, ckw010.</p> |
| <p>Meeting 11 (27.7.17)</p> | <p>Mental health and Psychosocial interventions (II)</p> <p>* Hubbard, J., & Pearson, N. (2004). Sierra Leonean refugees in Guinea: addressing the mental health effects of massive community violence. In K. E. Miller, & L. M. Rasco (Eds.), <i>The mental health of refugees: Ecological approaches to healing</i></p> <p>* Kalksma-Van Lith, B. (2007). Psychosocial interventions for children in war-affected areas: the state of the art. <i>Intervention</i>, Vol. 5, No. 1, pp 3-17.</p> <p>* Weine, S., Feetham, S. etc. Bosnian and Kosovar Refugees in the US: Family interventions in a services framework. In <i>The Mental Health of Refugees: Ecological Approaches to Healing and Adaptation</i> Miller, K. & Rasco, L. (eds).</p> <p>Collins, P. Y., Patel, V., Joestl, S. S., March, D., Insel, T. R., Daar, A. S., ... & Walport, M. (2011). Grand challenges in global mental health. <i>Nature</i>, 475(7354), 27-30.</p> <p>Jones, L. (2008). Responding to the needs of children in crisis. <i>International Review of Psychiatry</i>, 20 (3), 291-303.</p> |

