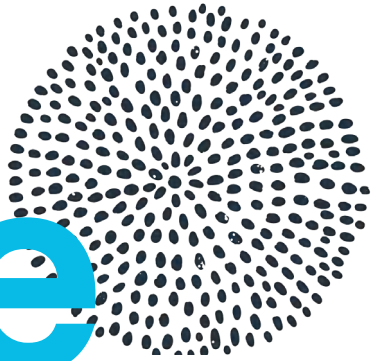


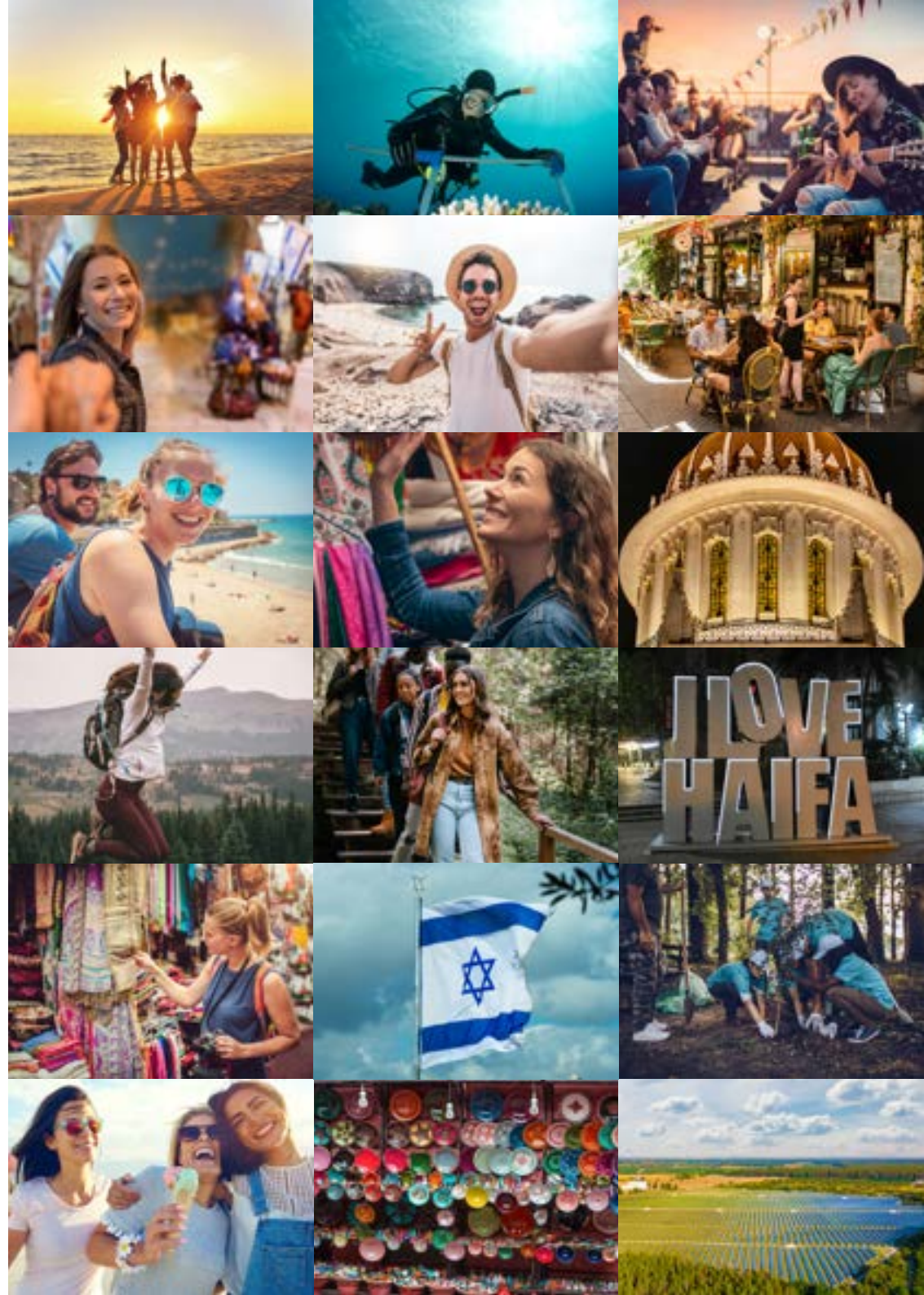


International
School
UNIVERSITY
OF HAIFA



The UHaiifa Guide

EVERYTHING YOU NEED TO KNOW FOR YOUR MULTIEXPERIENCE



WELCOME TO UHAIFA INTERNATIONAL

This guide was created to provide you with all the information you need to start your UHaifa journey on the right foot.

While we have done our best to ensure that the included information is up to date, some of it may be subject to change.

We are here for you every step of the way, so feel free to stop by our offices should you have any questions.

**Wishing you a once in a lifetime MultiExperience,
The UHaifa International Team**

International School at the University of Haifa
Hatter Student Building, **Room 228**
Tel: +972-4-828-8730 | **Fax:** +972-4-824-0391

TABLE OF CONTENTS

ADMINISTRATIVE INFORMATION

- 06 The International School - Office
- 06 Executive Director
- 06 Office Administration
- 06 Welcome Center Admissions
- 07 Emergency Contact

ACADEMIC INFORMATION

- 08 Semester Courses
- 08 Moodle System
- 09 Access University Email
- 10 Student App
- 10 Grading System
- 10 Transcripts
- 10 University E-mail Account
- 10 Original Documents

CAMPUS LIFE

- 12 Mail and Packages
- 13 Dormitory Offices and Security
- 13 Laundry
- 13 Hot Water
- 14 Computer Facilities
- 14 Wireless Internet
- 14 Cell Phones
- 16 Mini-Market
- 16 Dining on Campus
- 16 Academon Kravitz Campus Bookstore

SERVICES AND OFFICE

- 18 Student Union (Agudat HaStudentim)
- 18 The Psychological Counseling Unit
- 18 The Interdisciplinary Clinical Center
- 20 Banks
- 20 ATMs
- 20 Government Offices
- 20 Consulates and Embassies

HEALTH

- 22 Medical Insurance
- 22 Medication
- 22 Mental Health
- 22 "Maccabi" Medical Services in Haifa:
- 23 Maccabi Service number
- 23 Doctor's home visits 24 hours a day
- 23 Emergency Services and Services after Clinic Hours
- 23 Emergency room visits
- 24 Ambulance
- 24 Emergency Dental Treatment (First Aid)
- 24 Services outside Maccabi Clinics Facilities
- 24 Prescribed medications in Israel

TRANSPORTATION

- 26 "Rav Kav" Card
- 26 "Moovit" App
- 26 Cable Car
- 27 Buses
- 27 Local Haifa lines are as follows:
- 27 Metronit"
- 28 Carmelit"
- 28 Trains
- 29 Taxis

ATTRACTIONS

- 30 Holy Sites
- 30 Museums
- 32 On Land and Sea
- 33 Out Door Activities
- 34 Movie Theaters
- 34 Shopping Malls
- 35 Food Market
- 35 Fitness

LOCAL ACCOMMODATIONS

- 36 Hotels
- 36 Hostels

HOUSES OF WORSHIP

- 38 Synagogues
- 38 Churches
- 39 Mosques
- 39 Schools and Kindergartens

ADMINISTRATIVE INFORMATION



International School Office

Location: Hatter Student Building, Floor 2, Room 228
Hours: Sunday-Thursday, 08:00 - 16:00
Tel: 04-8288730

Office Administration

Anna Katz
Room: 228
akatz6@univ.haifa.ac.il

Welcome Center

Revital Cohen
Room: 225
rcohenkik@staff.haifa.ac.il

Executive Director

Michal Morgenstern-Laor
Room: 230
mmorgen1@univ.haifa.ac.il



Michal Morgenstern-Laor
Executive Director



Julie Rautio Ben Arush
Head of International Masters Programs Department



Galit Diamant
Director of Marketing, MA



Camilla Shem Tov
Student Advisor



Hagit Lu
Asia Marketing & Recruitment



Netta Dassa Twito
Master's Programs Admissions



Victoria Greenberg
Master's Programs Admissions



Hila Heinemann
Finance Office Director



Anet Sonogo - Kogan
Assistant Finance Director



Iris Perry-Gilad
Federal Student Aid Officer



Iris Razon
Creative & Design



Michal Even
Digital marketing and social manager



Emergency Contact

International School - 052-866-6431

Dormitory Guard - 04-824-0720 or extension 2720 from a campus phone

University Security - 04-824-0386 or extension 2386 from a campus phone

University First Aid - 04-824-0703, 04-824-0237 or extension 2703, 2237 from a campus phone

University Complaints Commission for Sexual Harassment Committee

04-828-8045 or extension 8045 or email address: rlev@univ.haifa.ac.il



Police |

100



Ambulance |

101



Fire |

102 | 04-864-3222

ACADEMIC INFORMATION



Semester Courses

Graduate students are registered to required program courses by the Program Coordinator prior to the beginning of the semester. UHaifa International may sometimes offer extra curriculum courses. In this case, registration is conducted by the International School.

During the first two weeks of the semester, students will have a two-week "add and drop period", permitting you to add or drop courses as you prefer. After this period, you will submit your final decision and registration will be closed. You may withdraw from a course within the first week of the semester, and the course will be erased from your registration and transcript. After final registration, no withdrawals are permitted, and all registered courses will appear on your transcript.

Moodle System

All course materials are stored in the [Moodle system](#), and can be accessed from the University of Haifa website. The password to the system is sent to you separately. If you need assistance accessing the system, please call the Computer helpdesk: **04-8240856**. Email: helpdesk@univ.haifa.ac.il

If the Moodle language is not in English, please click the top left arrow and choose



A list of your courses will be available.


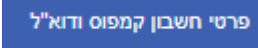
Clicking on a course will give you the information about the course.



Access lesson via Zoom

To access your University of Haifa email account details

Every University of Haifa Student is entitled to a university Email account. All emails from university divisions will be sent to this address, but you can redirect email to a different account.

1. Access your student [portal](#). You can login the Microsoft sever vis this link. Enter your email and password.
2. Login through the 'Single Sign on' page using your student number both as ID number and password.
3. Click the  tab on the top right
4. Click the  on the right
5. Check your email address and initial password
6. If you want to change your password click [Campus מוערכת לשינוי סיסמא לדוא"ל](#)
7. Choose a new password



Make sure that your new password includes 8-16 characters, and include at least 1 upper case and 1 lower case letter, at least 1 number and a special character, such as !@#

Click 

PLEASE NOTE – your email address will be updated only after (1 day after) you are registered for classes

your e-mail account details on the 'Campus' server, for example:

Username: jisraeli **Password:** 8x8766

Your University E-mail Account is (for example): jisraeli@campus.haifa.ac.il

Access your Email Account via <https://outlook.office365.com>

Student App

Grades, Exam's schedule, Campus navigation and other important information and notifications can be accessed through Student App. The App is available for download in Google Play and Apple Store.

QUICK INSTALLATION INSTRUCTIONS

1. Find the App under name of University of Haifa
2. Install the App on your mobile phone
3. Choose language => English
4. Choose => International Student
5. Enter your student ID and student portal/Moodle password

Grading System

A+ = 97-100

A = 91-96

A- = 86-90

B+ = 82-85

B = 77-81

B- = 73-76

C+ = 65-72

C = 61-64

D = 55-60

F = 54 and lower

Transcripts

Transcripts of all Master's program students are issued by the Student Administration Division. To request your transcript or other official documents issued by the university, please contact Ms. Asya Kan via akan1@univ.haifa.ac.il.

Transcripts will not be issued unless all tuition, dormitory, activities, and gym fees as well as library fines have been paid and you have vacated your dormitory room in good order.

Original Documents

Please access the application portal to set up a meeting with Admissions and present your original documents. This is mandatory to complete your acceptance to the university and be permitted to enroll to classes.



CAMPUS LIFE



Mail and Packages

Mail and Packages can be sent to you via postal or courier services (FedEx, UPS, DHL, etc) to the following address:

**Your name C/ O International School University
of Haifa International School/
199 Abba Hushi Blvd., Mount Carmel/
POB 3338 Haifa 3103301 Israel**

Keep in mind that courier packages may experience delays at Israeli customs, and you may be required to pay additional fees to release your package. The same applies to regular postal packages. Under \$75, tax is exempt and there are no customs fees. Any amount over \$75 is taxed and is passed through customs to determine the tax amount.



Student Dormitories

Dorms Administration and House Mother's Office

Location: Federman Dorms, one floor above the entrance.

Office hours: Sundays through Thursdays, 09:00-14:00

The office is closed on Fridays, Saturdays, and holidays.

Tel: 04-824-0621



Dormitory Guard - The dormitory guard is stationed at the entrance to the dormitories 24 hours a day, seven days a week. Tel: 04-824-0720



Laundry - Laundry rooms with washers and dryers are open 24 hours a day at the Federman Dorms (4th floor) and on each floor of the Talia Dorms. You can pay for the machines on the spot with cash or credit cards. Prices are posted on the machines. You will need to supply your own detergent. The use of laundry rooms is for dorm residents only.



Hot water - Hot water is always available in the Federman Dorms. In Talia and Britannia, you will need to switch on the hot water heater approximately half an hour before you would like to take a shower. Check with the dorms office for instructions how to use the boiler timer.

****put away your valuables and always lock your room****



Computer Facilities

Computer labs - There are a number of free computer labs with internet in the dormitory facilities. The main computer lab is on the 6th floor of Federman and is open between 10:00 – 01:00 (1 A.M) every day, except for Friday. The labs reopen Saturday evenings at 17:00.

There are also smaller labs in each Talia building which are open between 17:00 – 01:00 (1 A.M) every evening, except Friday.

In Talia buildings 700-800, the labs are open between 10:00 – 01:00 (1 A.M) every day, except Friday. The labs reopen Saturday evening at 17:00.

In addition, there are some computer classrooms on the 500th floor of the Main Building.

During the daytime hours, numerous computer labs are open on campus.



Wireless Internet

AirCarmel is a free Wifi access across the university.

Edurom - International Wifi for universities

Read here for more information - <http://eduroam.org>.

To set on your device, please read here -

<https://eduroam.haifa.ac.il/unknown.html>



Cell Phones

To ensure the safety and security of our students, we require all students to have an Israeli mobile phone while enrolled in our programs. This will enable us to reach out to you with important updates or help you in the event of an emergency.



FOOD ON CAMPUS



Mini-Market – Located in the dorms complex.
Open Sundays through Thursdays 09:00-20:00, on Fridays 09:45- 14:00,
Saturday nights: 20:00-21:00.
Please check opening hours before holidays.



Cafeterias and Campus Dining

All cafeterias on campus have kosher certification. You will find campus dining options in the following locations:

- **Cup of Joe Cafe** – in the shopping arcade outside the Main Building near the bus stops
- **Main Building Food Court** – • Dagan Bakery • Effy's Home-Cooking • Italian Food & Bakery • Garden Shawarma
- **Main Building 500th floor** – Student Union Café Aguda.
- **Garden Café** – between the Main Building and the Rabin Building (on the campus lawn)
- **Coffee Shop and Café** –1st floor of the Education Building
- **Aroma Café** – 6th floor of the Rabin Building
- **Pilpelet Restaurant**-3rd floor Terrace Building



Academon Kravitz Campus Bookstore

At the campus bookstore you will find books for your courses, academic books, and books for pleasure, school supplies, and assorted appliances, packaged snack foods, and miscellany.

Opening Hours: Sunday - Thursday 8:00- 17:00, and Friday from 8:00 - 12:30.

Phone number: 04-670-6122 or 04-670-6114. You can find them also on Facebook or on their **website:** www.academonil.co.il

Please check opening hours before holidays.



SERVICES AND OFFICES



Student Union (Agudat HaStudentim)

The Student Union is a non-profit organization that works for the welfare and needs of University of Haifa students. Its purpose is to assist people in various aspects of their lives as students in an academic institution and community. You can purchase a Student Union card in the Aguda's office in the Hatter Student Building, 3rd floor.

Phone: 04-828-8923

Email: haifa.aguda@gmail.com

**** Members of the Student Union receive discounts on a wide variety of services on and off campus****



The Psychological Counseling Unit (Dean of Students)

Located in the Dormitories Promenade next to the "Moadon" (Lounge), this unit helps students who experience emotional challenges or learning disabilities and provide treatment in times of crisis.

Phone: 04-824-9334

Email: mclini@univ.haifa.ac.il

Opening hours: Sunday - Thursday: 08:30 - 16:00



The Interdisciplinary Clinical Center

The ICC is located on the 2nd floor of the Main Building. Its aim is to provide diagnostic, treatment and prevention services in the areas of physical and mental health from an inter-disciplinary perspective. The list of therapists includes speech therapists, occupational therapists, clinical and educational psychologists, psychotherapists and group facilitators, social workers, art and movement therapists, physiotherapists, and health and nutrition specialists.

Phone: 04-828-8622/3

Email: icc@univ.haifa.ac.il

Opening hours Sunday - Thursday: 08:00 - 20:00





Banks

Go to Bank Leumi branch #880

Address:

14 Horev St., Haifa

phone:

076-8688010

Fax to mail:

077-7791948

Opening Hours:*

Sunday – Tuesday and Thursday : 8:30-13:30

Monday and Wednesday : 8:30 – 15:00

*Check before arriving

Our Representatives:

Private Clients Managers: Lialy or Sandy.

Bring with you:

1. Student Enrollment Bank Letter - download from Applicant Portal
2. Student ID
3. Passport
4. Driver's license or another ID from your country
5. TIN number (Tax identification number) from your country.



ATMs

There are four ATM machines on campus: at the entrance to the Terrace Building, at the dorms near the Mini Market, near Aroma Café, and another at Bank Yahav by the shopping arcade/ bus stops outside the Main Building.



Government Offices

Government offices are usually open in the mornings, Sunday through Thursday. Call ahead to confirm their office hours.

Visa Renewal or Extension: You can renew or extend your visa by setting an appointment with the Ministry of the Interior, located at Government House, 15 Pal Yam Street, Kiryat Hamemshala, Haifa. Revital from our Welcome Center can help you set up an appointment. Simply stop by her office at room 228 or send her an email:

Email: rcohenkik@univ.haifa.ac.il

On the day of your appointment, board bus 24 to get to the Ministry of Interior directly.





HEALTH INFORMATION



Medical Insurance

Health insurance for all full-time students in the International School is included with your tuition fee. Please note that the Israeli health insurance does not cover pre-existing conditions and is limited to students under the age of 65. You can pick up your health insurance card upon arrival. To contact Harel, please call: Einat Cohen : +972-54-529-7775

Medication

If you are taking prescribed medication, it is advisable to bring an adequate supply for the duration of your trip abroad. If that is not possible, you should bring a doctor's prescription (clearly typed in English) for the medicine that you are using, or a prescription of a generic medication that is suitable for your condition. If your medication is sent to you through the mail, you will be required to present a copy of the prescription to the Israel Customs Office before it can be released.

Mental Health

Students who need counseling services are welcome to contact the Internal School. English-speaking counselors are available for international students. There is a fee for counseling services; this fee is the responsibility of the student. The Israeli health insurance through Harel Yedidim does not cover mental health services.

"Maccabi" Medical Services in Haifa:

Doctor Appointments methods:

- You can call Maccabi Contact Center at *3555 and press 4 for English. Please provide the representative with your Maccabi services number without the first digit, "9"
- Appointment scheduling hours: Sunday to Thursday: 0800-1800 and Fridays: 0800-1200

Enter Maccabi website and choose English as the language. Here is the link:

[Maccabi website](#)

Maccabi Service number

In order to use the medical services please present your Maccabi service number, as well as a copy of your passport or your student ID card, etc. There is no need to present any other card.

Doctor's home visits 24 hours a day

Please call *3555 and ask for a doctor's home visit. A doctor will come to your place of residence within 2-3 hours (no co-pay). Please remember to provide your Maccabi services number without the first digit, "9"

Medication

You may purchase prescription medications only at the pharmacies located at Maccabi clinics. There is a co-pay as is customary in the HMO.

Emergency Services and Services after Clinic Hours

If you feel unwell at night or after clinic hours you may do one of the following:

- Go to Maccabi emergency center at 15 Horev St. 5th floor. Haifa
You will be charged 96 NIS for the service (Nonrefundable).
Opening hours:
Sunday - Thursday: 19:00-22:30 Friday 14:30-22:30 Saturday 10:00-22:30
- Go to Maccabi emergency Center at 17 Ben Gurion st Haifa.
You will be charged for 160 NIS for the service. (Nonrefundable).
Opening hours: Sunday - Thursdays 1900 until 0600 next morning Friday 14:00 until 0600 next morning. Saturdays 09:00 until 0600 next morning
- Call Maccabi Call Center, *3555, and book a doctor's home visit (no co pay)

Emergency room visits

You can go to an Emergency room ONLY if you have received a letter of referral from a Maccabi physician, or when one of the following criteria is met:

- An injury that requires stitches
- Aspiration of a foreign body into the windpipe
- Any new fracture
- Serious dislocation of the shoulder or a joint.
- Penetration of a foreign body into the eye
- A snake bite
- Hospitalization of over 24 hours

If you decide to go to the emergency room **without** a letter of referral, or

without meeting the above criteria, you will be charged for the emergency room service. (About 1,700 NIS nonrefundable) When you get a referral from a doctor, you can go to the emergency rooms of Carmel, Rambam, Benai - Zion hospitals, or any other hospital in Israel. You must present your Maccabi service number and your ID card.

Ambulance

Maccabi will cover ambulance expenses only if there was a hospitalization of more than 24 hours.

Emergency Dental Treatment (First Aid)

The service is provided by Maccabi Dental Care Clinics, located throughout Israel.

For emergency services you need to call during the morning hours: *3555 Press 4 for English. Please present your Maccabi service number without the first digit "9".

Services outside Maccabi Clinics Facilities

If a Maccabi doctor refers you for tests such as ultrasound, blood tests or the like, you must go to the clinic office and get instructions from the secretaries. In general, for services in Maccabi clinics you do not need a letter of payment, but you must present your magnetic card and the referral from your doctor. There is copay of 20-40 shekels, depends on the test. If you are referred for tests to a clinic or a hospital that does not belong to Maccabi Healthcare Services, you will need to have a letter of payment from Maccabi office. Issuing such a letter takes between 7 to 10 days. Please do not forget to consult the clinic office immediately after you see your doctor.

Maccabi Clinics and Medical centers In Haifa

[Maccabi-Services-in-Haifa.pdf](#)

Prescribed medications in Israel

If prescribed medicine in Israel following a doctor's visit, you may purchase prescription medicine only at the pharmacies located in the Maccabi clinics. Medication included in the government's Health Service Basket (sal ha'briyut) is generally provided free of charge or at the low fee. Medication not included in the Health Service Basket is paid for by the insured. Therefore, if your doctor writes a prescription, you should remember to ask for medication that is included in the Health Service Basket.



TRANSPORTATION



“Rav Kav” Card

In order to pay for public transportation (bus/train/Metronit/Carmelit) you need to purchase a Rav Kav transportation card which is issued to students with a 50% discount. You can purchase the card at ‘Hof HaCarmel’ and “Merkazit Hamifratz” Central. When applying for the student discount, please bring with you your passport, student ID card and “Rav Kav” letter, that you can download from your application portal (post arrival tab).

To use your Rav Kav you will need to charge it with money and pay with it every time you board a public transportation vehicle.

Transfers are free from one bus to another, or to/from the Metronit, the Carmelit, the Rakavlit Cable Car at no additional charge if done within 90 minutes, providing that you place your card on the designated charger every time you access a vehicle. Please note that refraining to do so may result in a fine.

[For more details](#)

To receive the student discount please download the Rav Kav letter from your Applicant portal. when applying for the discount, please present:

- The letter you downloaded
- Your passport
- Your student card

[Rav Kav letter](#)



“Moovit” App

This app provides schedules, times, and routes for all modes of public transportation. Payments can be made on the app at a 33% student discount. Upload your student information to qualify for the discount.



Cable Car

Connects between the University of Haifa, the Technion and, Technion, and Merkazit Hamifratz, completing the route in 20 minutes.

[Cable Car](#)



Buses

Egged operates the main bus lines in Haifa.

For details of bus routes and schedules call *2800 or 03-694-8888 (inter-urban).

www.egged.co.il

Haifa has three main stations:

- **‘Merkazit HaMifratz’** Central Bus Station near the Checkpost (for traveling north)
- **‘Hof HaCarmel’** Central Bus Station near the beach (for traveling south)
- **‘Bat Galim’** in the middle of downtown Haifa

Local Haifa lines are as follows:

- **#37** leaves the university about every 15 minutes, and goes through Ahuza (Horev), the Carmel Center, Hadar, and the Bat-Galim Central Bus Station (downtown)
- **#24** goes through the Horev Center, Romema, Grand Kanyon Mall, Hadar, and the Bat-Galim Central Bus Station (downtown)
- **#36** runs through Neve Sha’anani (near the Technion) and ends in Hadar
- **#54** to Hof HaCarmel (beach, train and bus station, Haifa Mall) at half hour intervals
- **#146** to the Checkpost (Merkazit Hamifratz) at hourly intervals



“Metronit”

The “Metronit” is a rapid bus transit system in Haifa. It has 3 Lines: 1(Red Line), 2 (Blue Line), 3 (Green Line).

You must pay only with the **“Rav Kav”** and the card must be charged with money either at the Metronit’s stations or central bus station, and not within the Metronit itself. The Metronit’s routes are within Haifa and the “Krayot” (suburbs) to the north.

[For more details](#)



"Carmelit"

The Carmelit is an underground funicular railway. It moves from the Carmel Center, through Hadar, to downtown Haifa.

For more details: <http://www.carmelithaifa.com>



Trains

There are three main railway stations in Haifa: Haifa Merkaz, 'Bat-Galim' by the old bus station (downtown), and 'Hof HaCarmel' Central Bus Station near the beach. See www.israrail.org.il for schedules and other information.

Please note that there is train service from all Haifa stations directly to Ben-Gurion Airport (Terminal 3).

See bus information above to determine how to get to the train stations from the university.



Taxis

You can call for a taxi to the university (referred to as 'special'). City taxi services include:

- 'Carmel' - Carmel Center, Tel: 04-838-2626, 04-838-2727
- 'Naveh' - Neve Sha'anani, Tel: 04-822-2222
- 'Horev' - Tel: 04-888-8888



Gett Taxi App

Download the Gett Taxi app to call a cab nearest to you.

**** Note: It is not customary to tip taxi drivers in Israel.**

Shared Taxi (Sherut)

Within Haifa - Sherut taxis are mini-vans that run along major bus routes in Haifa and can be stopped along the way (not necessarily at a bus stop).

The sherut will have a sign on the windshield with the number of the bus route it follows. These are slightly more expensive but also faster than a regular bus.

To the Airport - Sherut service to Ben Gurion Airport (fixed price):

'Amal'- 6 Hechalutz St., Hadar, Tel: 04-866-2324

Reservations must be made in advance by phone.

Payment can be made by cash or credit card.

There is another Sherut service called **Nissim Cabs**: Tel: 04-822-2214, 822-2213.

To other cities: Sherut services [to Tel Aviv](#) leave regularly, including Saturdays, from 'Amal'- 6 Hechalutz St., Hadar, Tel: 04-866-2324. You can take sherut taxis [to Acre, Nahariya, Carmiel, and Tiberias](#) from Sidon Street off [Neviim](#).

ATTRACTIONS



HOLY SITES (Please wear modest clothing)

The World Center of the Baha'i Faith

Tours of the gardens need to be arranged in advance through the Reservation Center. Open Sunday - Thursday 9:00- 17:00, Tel. 04-831-3131

Stella Maris Church and Monastery

This is one of the most beautiful spots in Israel with a church and monastery belonging to the Carmelite order. Free entrance, open all week, 6:00- 12:30, 15:00- 18:00. Located on Stella Maris Way. Tel. 04-833-7758

Elijah's Cave

A pilgrimage site for followers of all the three monotheistic religions. Allenby St. Sunday-Thursday 8:00- 16:45, Friday 8:00-12:45, Tel. 04-852-7430



MUSEUMS

Reuven and Edith Hecht Museum

Fascinating archaeological exhibitions on the subject of "the people of Israel in the land of Israel." Open Sunday, Monday, Wednesday, Thursday 10:00- 16:00, Tuesday 10:00 - 19:00, Friday 10:00- 13:00, Saturday 10:00 - 14:00. Haifa University, Main Building (Eshkol Tower). Free entrance. Tel. 04-824-0308

The Ancient Boat Museum

A unique museum, serves as a laboratory and workshop for learning about sailing in ancient times. Open Sunday, Monday, Wednesday, Thursday 10:00- 14:00, Tuesday 10:00- 19:00, Friday by prior arrangement. Haifa University, Main Building (Eshkol Tower). Free entrance. Tel. 04-824-0308

Chagall Artists' House

Hosts changing exhibition of members of the association, new immigrants and other exhibitions. 24 Ha'Ziyonut Ave. Open Sunday- Thursday 9:00- 13:00, 16:00- 19:00, Saturday 10:00- 13:00. Tel. 04-852-2355

Children's Art Center

Changing interactive exhibitions for children on the subject of contemporary art, and creative workshops for all ages given by leading artists. 24 Shabtai Levi St. Open Monday, Wednesday, Thursday, 10:00- 14:00, Friday 10:00- 13:00, Saturday 10:00-15:00. Tel. 04-853-1585

Haifa Art Museum

Changing exhibitions of modern art. 26 Shabtai Levi St. Sunday-Wednesday 10:00- 16:00, Friday 10:00-13:00, Saturday 10:00-15:00, Tel. 04-852-3255

Illegal Immigration and Navy Museum

A spectacular audio-visual presentation and museum. Guided tour. 204 Allenby St. Open Sunday - Thursday 8:30- 16:00. Tel. 04-853-6249

National Maritime Museum

Changing exhibitions of marine history. Permanent exhibition on the subject of "5000 Years of Shipping." 198 Allenby Way. Tel. 04-853-6622

Madatech - National Museum of Science, Technology, and Space

MadaTech, Israel's National Museum of Science, Technology, and Space, is Israel's largest science museum, featuring over 600 hands-on exhibits designed to look, feel and explore interactively. Address: 25 Shmaryahu Levin street, Haifa Tel. 04-861-4444 | www.madatech.org.il

Tikotin Museum of Japanese Art

Savor the culture of Japan. 89 Hanassi Blvd. Sunday-Thursdays 10:00-16:00, Friday 10:00-13:00 Tel. 04-838-3554

Stekils Museum of Prehistory

A unique display showing the development of humans in prehistoric times and findings from caves used by prehistoric people. Open Monday-Thursday 10:00-15:00, Friday 10:00-13:00, Saturday 10:00-15:00; Entrance through the zoological garden, Gan Ha'Em. Tel. 04-837-1833



ON LAND AND SEA

Carmelit

Pleasure cruise around Haifa Bay and harbor. Departure from the Kishon fishing harbor, Kishon fishery base. Reservation Tel. 04-841-8765/6 (For groups of 30+ people)

Diving with Val-Tal Diving Club

Well equipped professional diving club, offering diving services for professional and amateur divers. Hubert Humphrey St. Mondays- Saturdays 9:00-16:00 Tel. 04-851-1523

Bat Galim Cable Car

Shows passengers a breathtaking view of the Carmel and the coastline. Open daily 10:00- 18:00. Bat-Galim Promenade or Stella Maris. Tel. 04-833-5970



OUTDOOR ACTIVITIES

Horseback riding in the Carmel Park.

Horseback riding, jeeps, bicycles, rappelling. Open daily 9:30- 15:30. Beit Oren junction. Tel. 04-830-7242

Panorama Promenade/ Louis Promenade

The promenade traverses the Carmel Ridge along Yefe Nof Street in the Carmel Center. It provides a 180° view of Haifa, Acre, Rosh HaNikra, the Galilee hills, and the Bahá'í Gardens.

Hecht Park & Promenade

Located at the southern entrance of Haifa, overlooking the sea, along a promenade and grassy expanses, playground facilities for children and sports facilities.

The Haifa Zoo

Located in Carmel Center (Bus 37, 30 ,37X from the university)

Hiking Trails

There are beautiful a few nature trails in Haifa and the surrounding area such as: Little Switzerland, Ofer Forest, Nahal Oren, Yagur Stream, and the Bridge Park in Neshar.

Beaches and Outdoor Activities

Haifa's beautiful beaches are known for their clean sand, clear water, facilities and beachside cafes, volleyball sports and more. During summer most beaches are monitored by lifeguards.

MOVIE THEATERS



Hot Cinema

Grand Canyon Shopping Mall Simha Golan Rd
Box Office: *2235
Planet Lev HaMifratz
Histradrut 55, Checkpost
Box Office: 04-841-6090

Cinematheque

142 Hanassi Blvd.
Box Office: 04-810-4299

Movieland

Azrieli Mall Haifa
4 Flieman St.
Tel: 04-649-7364



SHOPPING MALLS

Grand Canyon

Simha Golan Rd, Tel: 04-812-1111 Sun- Thurs: 10:00-22:00,
Fri: 9:00-15:00 Sat: 18:30-22:30

Horev Center

15 Horev St, Tel: 04-824-6164
Sun-Thurs: 9:00-21:00,
Fri: 9:00-14:00 Sat: 19:00-22:00

Panorama Center

109 Hanassi Blvd.
Sun-Thurs: 9:00- 20:00,
Fri: 9:00-14:00, Sat: 19:00-22:00

Azrieli Mall Haifa

4 Flieman St. Tel:04-814-7700
Sun-Thurs 09:30-21:30
Fri: 08:30-15:00
Sat: 19:00 - 22:00

Lev HaMifratz

Histradrut 55, Checkpost
Sun-Thurs: 10:00- 22:00



FOOD MARKET

Talpiyot Market

“Shuk Talpiyot” is located HeHalutz Street - Hadar

(Bus 36 from the university)
Beaches & Promenade
Hof HaCarmel & Dado Beach
(Bus 46,146 from the university)
Bat Galim Beach & Promenade
(Bus 37, 36, 24 from the university)

Downtown Attractions

Downtown's Lower City is a buzzing district where pizzerias, grills and ice cream parlors surround historic Paris Square. Jaffa Road is lined with striking residential buildings designed in the Liwan House Arabic architectural style, while a weekend flea market takes place near Faisal Square. Leafy HaZikaron Garden features playgrounds and port views. At night, cool bars and clubs host live bands and dance parties.



FITNESS

The University Sports Center

During the academic year the Sports Center is open Sunday through Thursday from 6:30 until 22:00, and Friday and Saturday from 8:00 until 15:00. Hours in the summer may vary. Telephone extension: 2688/ 2583

The Technion Swimming Pool

(Bus 144,145 from the university) Phone number:
04-8324945 / 04-829-5184

Holmes Place Health Club

Grand Canyon Mall (Bus 145 from the university)
Phone number: 04-812-4545

The Sportek Park

Sports activities park which features a track, basketball courts and more. Located next to the Grand Canyon Mall.

LOCAL ACCOMMODATIONS



HOTELS

The German Colony

“Hamoshava Hagermanit”

(Bus 37,3724 , x from the university)
Carmel Center
(Bus 37, 37 30 , x from the university)
Moria Street
(Bus 37 from the university)
Ziv Center
(Bus 36 from the university)

Dan Carmel Hotel

85-87 Hanassi Blvd.
Tel: 04-830-3030
Dan Reservation Center: 1-700-50-50-80 Fax: 04-835-2235

Dan Panorama Hotel

107 Hanassi Blvd.
Tel: 04-835-2222
Dan Reservation Center: 1-700-50-50-80 Fax: 04-835-2235

Dan Gardens Haifa Hotel

124 Yefe Nof St. Tel: 04-838-3666
Dan Reservation Center: 1-700-50-50-80 Fax: 04-838-2121

Mirabelle Plaza Haifa

113 Yefe Nof St. Tel: 04-835-0835
Fax: 04-835-0836

Haifa Bay View Hotel

101 Hanassi Blvd.
Tel: 04-835-4311
Fax: 04-838-8810

Leonardo Hotel

10 David Elazar St. Tel: 04-850-8888
Reservation Center: 03-5110000
Fax: 04-850-1170



HOSTELS

Port Inn Haifa

34 Jaffa Road.
Tel: 04-852-4401
Fax: 04-852-1003

Ana

Tsviya Ve-Yitshak 18
Tel: 02-5945544
Fax: 04-8532516



HOUSES OF WORSHIP



SYNAGOGUES

University of Haifa Synagogue

University of Haifa Campus
Hatter Student Building, 1st floor, Room 103
For information contact Rabbi Dr. Yossi Shtemler
Telephone: 054-393-3062 or Email: ravstamler@univ.haifa.ac.il

Or Hadash – Reform Synagogue

55 Hantke St.
Tel.: 04-834-3905

Kehillat Ohel Avraham – Reform Synagogue

Located in the Leo Baeck Education Center
90 Tzorfat Road
Tel: 04-830-0542

Moria Congregation – Conservative Synagogue

7 Horev St.
Tel: 04-825-1495

Denya – Orthodox Synagogue

Hof Hashenhav St. Tel: 04-825-3292



CHURCHES

Stella Maris Church and Monastery

Stella Maris Way Tel: 04-833-7758

Greek Orthodox

St. Elias Greek Church, Ha-Parsim 3



Latin Orthodox

St. Joseph's Church, Hameginim 80, Tel: 04-852-4346

Russian Orthodox Church

Hatishby 55

Anglican

St. John's the Baptist Church, 24-30 Khury St.



MOSQUES

Ahmadiyya Mosque

Kababir Village

Al Istiqlal Mosque

11 Kibbutz Galuyot Street, Corner of Pal Yam Avenue



SCHOOLS AND KINDERGARTENS

There are many schools and kindergartens in Haifa, ranging from public to private institutions. We suggest you choose a school/kindergarten which is close to your place of residence. For more detailed information about education in Haifa, please see: <https://www.haifa.muni.il/education/>

YOUR MULTIXPERIENCE STARTS HERE!



International
School
**UNIVERSITY
OF HAIFA**

